



## OUR MISSION

*Seniors Home Care provides elderly and disabled clients with premier home care services that are consistently delivered by friendly, compatible, attentive, skilled and compassionate caregivers. We want clients and loved ones to enjoy dignified, independent, guilt-free, safe and harmonious lives.*

SHC is guided by our passionate commitment to help seniors achieve the highest quality of life. We distinguish ourselves through the exceptional abilities of our caregivers and our adherence to a system of ten core values:

- INTEGRITY**
  - PLANNING**
  - COOPERATION**
  - TRUST**
  - PERFORMANCE**
  - EXCELLENCE**
- SELF WORTH**
  - OPENNESS**
  - TRADITION**
  - WORK TEAMS**
  - CLIENT FOCUS**



# Getting Started

The vast majority of times, clients seek home care when they are close to or already in a crisis. Let us help reduce stress to ensure you make the right decisions. Our process provides you with the information and resources you need.

At no cost to you, we will meet with you and/or your family to fully assess your situation and to help you make the best choices at the appropriate times, even if that is not in the immediate future. You are under no obligation to use our services. If we cannot be of service to you, we can perhaps help you find another resource to better assist you.

During our initial assessment, a registered nurse will answer all of your questions, fully explain our capabilities, assess you and/or your loved one's needs, and develop the appropriate Plan of Care. We will jointly determine the scope of coverage required to be effective, whether it's a 30 minute Quick Visit®, around-the-clock care or anywhere in between. We will diligently assure the right match with one of our dedicated staff and oversee the on-going care for quality assurance.

We know that you have many choices when it comes to in-home care. We are confident that the more you get to know Seniors Home Care the more you will realize how truly different we are from other in-home care providers. That means that you can feel good about your Seniors Home Care caregiver and the carefully managed process of ensuring that your experience with Seniors Home Care exceeds your expectations.

For more information, or to schedule a complimentary in-home assessment, please give us a call.

**432 MARSHALL AVENUE ST. LOUIS, MO 63119**

---

**MID COUNTY 314.962.2666**

**CLAYTON/LADUE 314.863.2667**

**WEST COUNTY 636.225.2600**

**SOUTH COUNTY 314.894.2666**

**ST. CHARLES COUNTY 636.447.7166**

[SENIORSHOMECARE.COM](http://SENIORSHOMECARE.COM)



## Discover Peace of Mind



# Why Choose Seniors Home Care?

## LOCALLY OWNED & OPERATED

Kit Whittington, R.N., B.S.N., founded Seniors Home Care (SHC) in 1987 after providing in-home care for her own grandmother. Seniors Home Care is devoted to providing that same level of service for each and every client.



## OUR CAREGIVERS ARE THE BEST

We hand pick only those experienced individuals who display the spirit required and the attitude necessary to effectively help our clients. All SHC staff are trained caregivers. SHC conducts drug testing as well as a thorough background check including appropriate criminal record checks and driving record reports.

## WE EMPLOY OUR CAREGIVERS

All of our caregivers are employees of Seniors Home Care. Hiring an independent caregiver may be a less costly alternative, but leaves the client with many unwanted responsibilities including payroll tax, worker injury and supervision concerns.

## A PROFESSIONAL APPROACH

We are fully insured with professional and general liability insurance. Initial and ongoing training keep our caregivers up to date and among the best in the industry.

## ALL WORK IS SUPERVISED BY A REGISTERED NURSE

Founder and registered nurse, Kit Whittington, along with a staff of nurses, personally oversees all assignments to ensure that every client receives superlative service each and every time.

## COMPATIBILITY GUARANTEED

It is vitally important for our clients to not only receive top-notch care, but to receive that care from a new-found friend. Every effort will be made to make sure you are not left in an awkward situation.

## A PROVEN TRACK RECORD

Seniors Home Care has been in business with the same owner since 1987. Our focus is helping one client at a time and providing peace of mind to their family.

## HOW WE CAN HELP

*Whether it's a private residence or an assisted living facility – wherever your loved one calls home – Seniors Home Care can help maintain their safety and independence. Experience has taught us that every client and family has unique needs. Below are commonly used services. If the service you seek is not listed, please call our office. We're always looking for new ways to serve our families.*

### PERSONAL CARE SERVICES

Clients enjoy safety and independence at home. Families enjoy piece of mind knowing that their loved one is receiving first-rate care. Our caregivers assist with tasks, such as bathing, dressing and medication reminders, doing a thorough job while honoring an individual's dignity.

### COMPANIONSHIP/HOMEMAKER SERVICES

Routine household assistance is provided in a professional and efficient manner to ensure cleanliness and sense of order. In addition to light housekeeping duties, our caregivers are trusted companions. Their visits become anticipated events that seniors look forward to.

### TRANSPORTATION SERVICES

Eliminate stress involved with daily transportation by letting SHC supply your ride. From doctor appointments to a weekly game of bridge, we can get you where you need to be. Transportation services are one-on-one and can provide a pleasant change of scenery.



### NUTRITION SERVICES

Nutrition programs involve meal preparation and planning. Tailoring meals to an individual's specific needs and preferences helps maintain a healthy body. We can get the groceries, prepare the meal, and clean up the kitchen!

### SKILLED NURSING SERVICES

For needs that exceed a caregiver's role, an SHC registered nurse can provide assistance. These services can be in the form of direct care as well as education. If you need an advocate, you can count on our nurses. An SHC registered nurse is on call 24/7 to assist any client or caregiver needs that may arise.

### INFORMATION & REFERRAL SERVICES

As a veteran in our field, Seniors Home Care has built many community relationships. From in-home beautician/barber and massage services to legal specialists, we can provide referrals you can trust. Our network of resources and professionals assure that you will have appropriate options when making valuable decisions.



*With Seniors Home Care, your level of care and needs are met through a schedule you control. To maintain continuity of care, our scheduling team coordinates the smallest combination of caregivers to serve a client. Our 24/7 phone assistance meets any need that arises. Whatever you or your loved one desire, we will personalize our services to help.*

- QUICK VISITS® & ONE-HOUR VISITS
- HOURLY VISITS
- 12- AND 24-HOUR VISITS
- EXPRESS CLUB